



## Instructions:

In the left hand column you should list the achievement category, skill or strength. (Some examples follow). Then go through the stories and put a check mark against the appropriate category. At the end, simply total up the check mark for each line. You will instantly start to see the common “threads”. This will be further ammunition and information for you to create a detailed Perfect Job, understand what you should be looking for in your jobs that you like and to create your long term plan.

Some possible items for the left column:

Competition, Leadership, Teamwork, Sales, People Management, Committees, Software skills, Hardware Skills, Negotiations, Client skills, Communication, Financial, Planning, Training technical, Scientific, Projects Volunteer, Mentor Problem Solver. Logical thinking. Mathematical challenges, imagination, inventiveness, control, decisiveness, mechanical skills, computer skills, listening, empathy foresight, financial management, artistic ability